



Healthy Mall Project

The Healthy Mall project aims to establish health-promoting sites within commercial complexes (malls) through the implementation of a set of standards by the malls to provide a supportive environment for healthy living and enable individuals to adopt healthy behavior and contribute to promoting the health of the population.

Goals:

- Building effective community partnerships to create supportive and health-promoting environments.
- Establishing a supportive environment for healthy lifestyles in malls.

Project Outputs:

- To provide a healthy lifestyle promoting environment.
- To provide a supportive environment for physical activity.
- To achieve community partnership among different sectors.
- To maintain the health of the environment.
- To support and promote breastfeeding.

Target group: Visitors and employees of the malls.

Scope of work:



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The project is based on the community partnership between the Ministry of Health and the malls, where the malls implement the project standards under the supervision of the health Promotion Directorate at the Ministry of Health.

Implementation mechanism:

- Presenting the project to the mall management to explain the project and clarify its standards, and then signage of the participation form.
- Performing a field visit to determine the needs and availability of standards.
- Working on the implementation of the criteria by the mall within one year of signing the participation form.
- Conducting additional field visits to ensure that the standards are properly applied or if assistance is needed in their application.
- Conducting final evaluation visit by the evaluation team from the Health Promotion Directorate and the Public Health Directorate in the Ministry of Health to assess the extent to which the standards are fulfilled.
- Accreditation of the mall for a period of 3 years from the date of accreditation.
- After the end of the accreditation period, follow-up and evaluation visits are conducted to re-evaluate the mall again.

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Project Criteria:

- Opening the mall at least one hour before its official opening hours to allow visitors to walk.
- Implementation of the "Law No. 8 - year 2009 on the Matter of Controlling Smoking and All Forms of Tobacco" in the mall.
- The availability of healthy dining options in the malls along with adherence to food and safety requirements.
- Participating in community health awareness by spreading health awareness through the social media channels of the mall at least twice a year and conducting at least two health related events annually in collaboration with Health Promotion Directorate.
- Promoting the Healthy Mall project inside the mall and through the social media of the mall.
- Training security guards on first aid.
- The presence of a first aid room and an ambulance park (clearly marked by a sign).
- Provide breastfeeding room (outside the toilets).
- Provide recycling bins and/or provide eco-friendly bags in purchasing shops.
- The availability of services for the elderly, pregnant women, and people with special needs.

Accreditation Levels:

The mall is awarded a silver or gold level accreditation according to the standards met.