

Guidelines for active COVID-19 cases

1



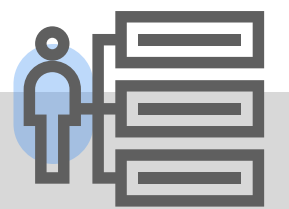
Isolate in a
separate
room with
your own
bathroom

2



An appointment for
a medical assessment
will be scheduled for
active cases aged 50
or above or those with
chronic medical
conditions

3



Please prepare
a list of the
people you
have come in
contact with

4



Ensure that you have the
correct ID and telephone
numbers of individuals
you have been in contact
with as well as the last date
of interaction

5



All active cases are required
to isolate



Cases with a
green shield
must isolate
for 7 days



Cases without
a green shield
must isolate
for 10 days



For more information on procedures for active
COVID-19 cases, please refer to the guideline manual

If any active COVID-19 cases experience these symptoms, please follow the steps below:



• Severe shortness of breath



• Constant chest pain at rest



• Persistent fever (over 39 degrees) for more than 48 hours



• Oxygen levels less than 93%



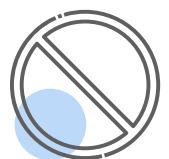
• Loss of consciousness



• Coughing up blood



• Constant vomiting/unable to eat



• Little or no urine output



Call 999

If any active COVID-19 cases experience these symptoms, please follow the steps below:



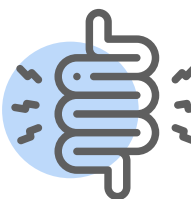
- **A fever of 38.5 for two days**



- **Strong cough**



- **Vomiting for more than 2 days**



- **Diarrhea for more than 2 days**



- **Dizziness**



- **Moderate abdominal pain for more than two days**



- **If you have any other medical needs other than (Covid-19)**



Head to the COVID-19 clinic at Bahrain International Hospital (auto-transfer)

If any active COVID-19 cases experience these symptoms, please follow the steps below:



• **A fever of 37.5-38.4**



• **Loss of taste/smell**



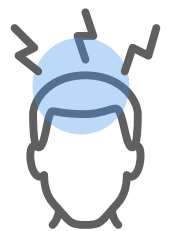
• **Stuffy nose/runny or sneezing**



• **Sore throat**



• **Body aches or muscle pain**



• **Mild headache**



Stay at home and monitor your symptoms

If you have any questions,

please call 444

or refer to

healthalert.gov.bh