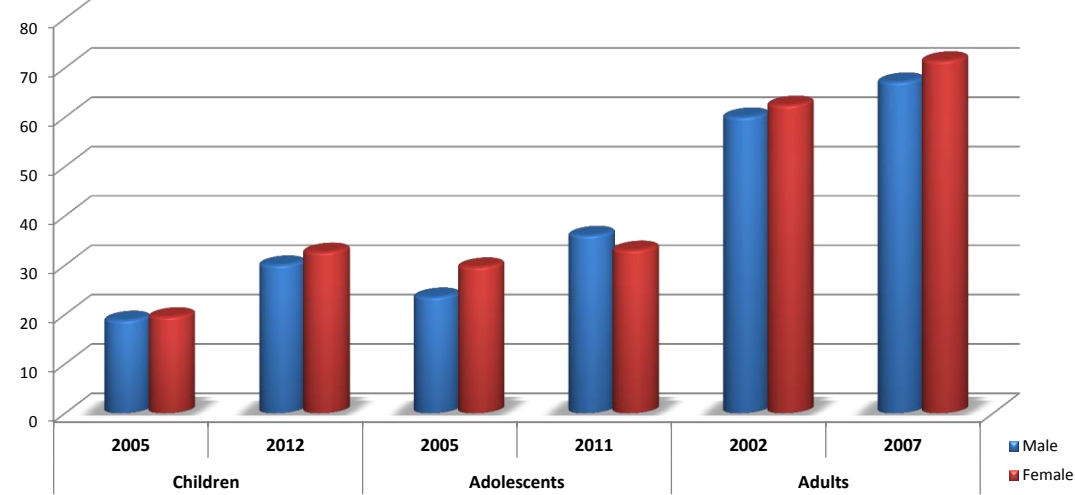


Nutrition Country Card: Bahrain

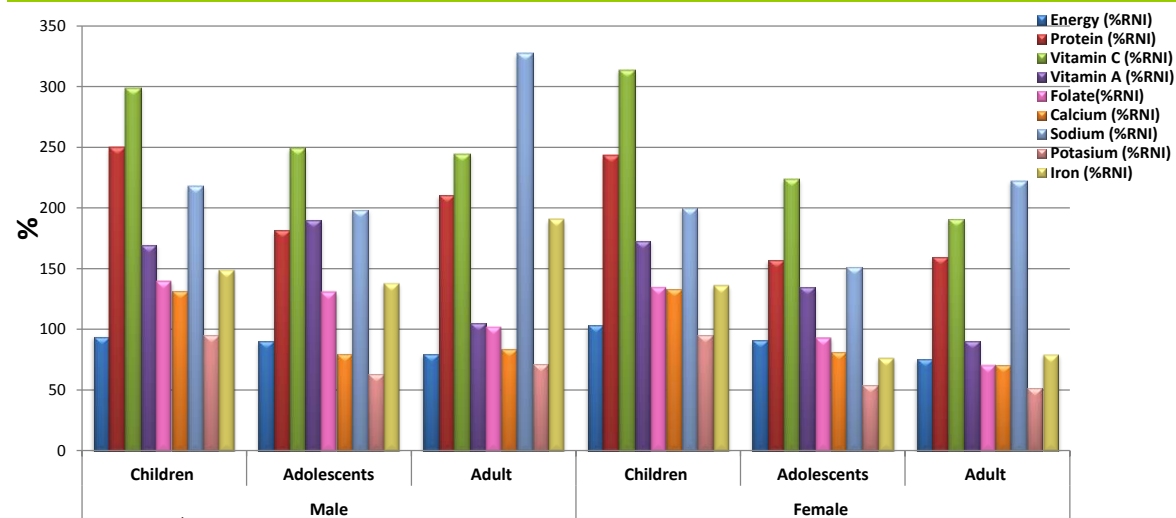


Trends in the prevalence of overweight & obesity among different age groups



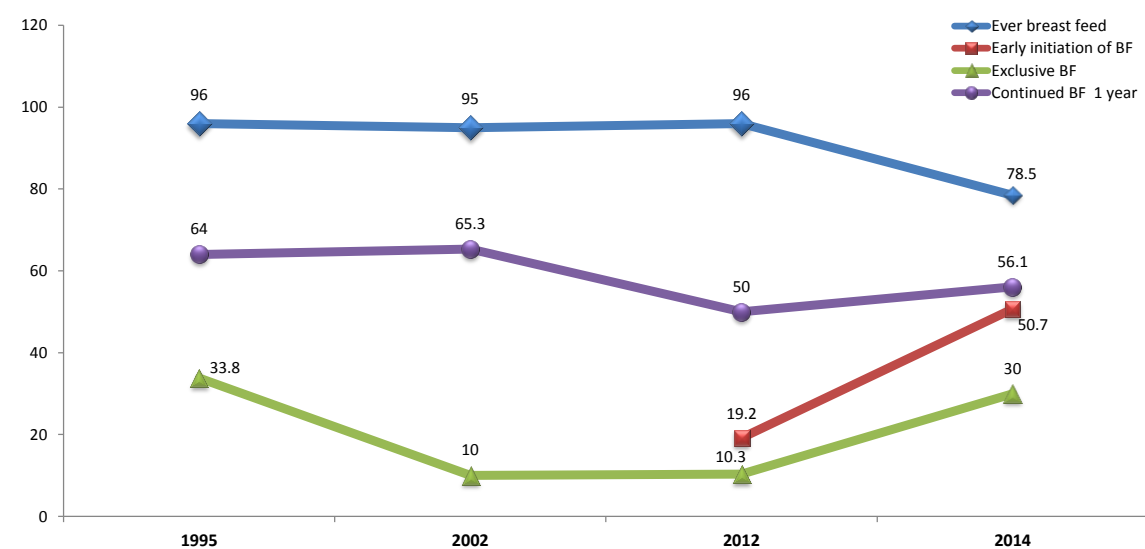
Source: NNSA, 2002/ NNCDFRS, 2007/ OSCAA, 2008/ ABCSOSC, 2009/ SSOSACIB, 2011/ SSOSACIB, 2012

Mean Daily Nutrient Intake in Comparison to (RNI) for the United Kingdom



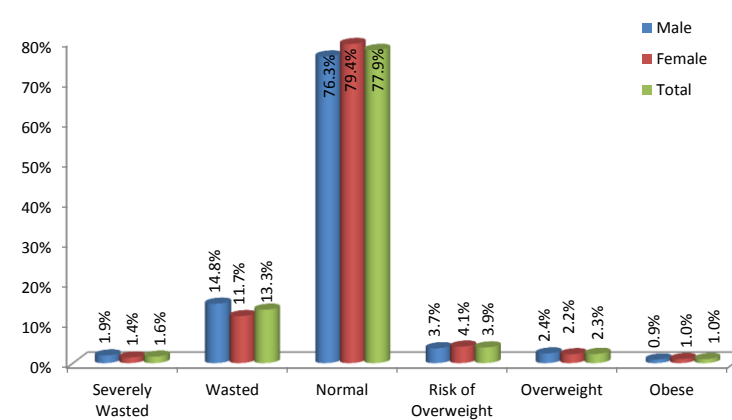
Source: NNSA, 2002/ EMIDP, 2011

Trend of BreastFeeding Practices 1995-2014



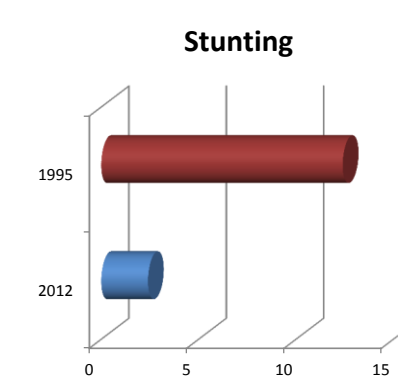
Source: MOH, 2000a/ SSBB, 2012/ SSBB, 2014

Nutritional Statuses for 2-6 children



Source: ANHSPC, 2013

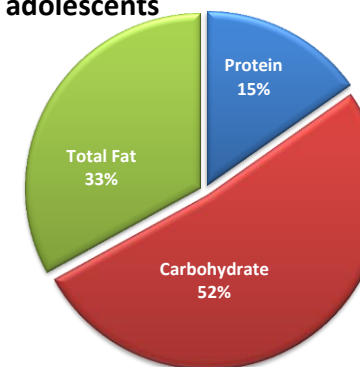
Trend of Stunting Among under 5 children



Source: MOH, 2000a/ MCH.CPPHC 2012

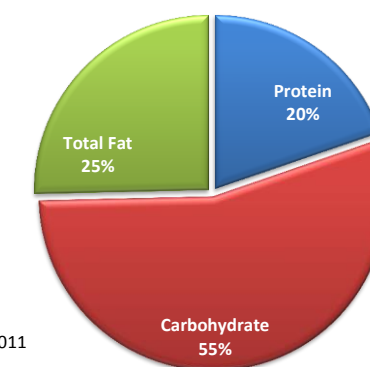
Contribution of different nutrient to Calorie intake for different Age groups

Children & adolescents



Source: NNSA, 2002/ EMIDP, 2011

Adult



Iron Deficiencies among different groups

Indicators	Percentage %	Source
Anemia (Hgb <11.0 g/dl) in children 9 months	31	HID 2012
Anemia (Hgb <11.0 g/dl) in children under 5 years	29.6	ANHSPC 2012
Anemia (Hgb <12.0 g/dl) in reproductive age 14-18 years	26.8	ASINB 2012
Anemia (Hgb <12.0 g/dl) in reproductive age 19-29 years	20.63	ASINB 2012
Anemia (Hgb <12.0 g/dl) in reproductive age 30-39 years	20.41	ASINB 2012
Anemia (Hgb <11.0 g/dl) pregnant women	35.8	SSOPIB 2010
Anemia (Hgb <13.0 g/dl) in male 14-18 years	10.9	ASINB 2012
Anemia (Hgb <13.0 g/dl) in male 19-29 years	17.09	ASINB 2012
Anemia (Hgb <13.0 g/dl) in male 30-39 years	16.24	ASINB 2012
Anemia (Hgb <12.0 g/dl) in male 40-49 years	11.97	ASINB 2012
Iron deficiency (low ferritin <15mg/l) in girls 6-18years	33.3	SSOSACIB 2010
Iron deficiency (low ferritin <15mg/l) in boys 6-18years	14.7	SSOSACIB 2010

National Nutritional Policies

- ✓ National nutritional strategy or national action plan.
- ✓ Food fortifications.
- ✓ Policy on marketing of breastfeeding substitutes "law No. 4, 1995 "Concerning the Control On The Use, Marketing And Promotion Of Breast Milk Substitutes"
- ✓ Salt iodization "Resolution No. (79- 2012) on the adoption of the Gulf Technical Regulations for salt as a national legislation"
- ✓ Micronutrient strategy "Decree: (Reducing salt addition in the Bakeries Products in traditional manual bakeries& medit-European Auto bakeries/2014"-launched in march 2015.
- ✓ Infant and young feeding strategies "Global strategy for IYCF-April 2006"